

# SHOPPING

Plastic Option	Alternative Option(s)
Bread packaging	Buy fresh, use canvas or cotton bag
Bulk bags	Glass jars, tins
Meat packaging	Buy fresh, store in glass containers
Plastic bag	Reusable grocery bag, basket, tote bag
Plastic coffee containers	Buy in bulk, store in glass jars
Plastic spice/herb bottles	Buy in glass and reuse bottles (buy in bulk)
Produce bags	Mesh, canvas, or cotton bags
Six-pack holder	Build your own six-pack using cardboard holder
Tea bags	Buy loose leaf, store in tins or glass jars, steep with reusable tea bags



Plastic Lakes Project